What you can do to recognize National Native HIV/AIDS Awareness Day?

The National Native HIV/AIDS Awareness Day challenges Native people to create a greater awareness of HIV/AIDS in our communities. Think creatively how you can affect change in your community.

### Protect Yourself
- Get tested for HIV! It’s important to know your status in order to protect yourself and those you care about.
- Talk privately with your health care provider about your HIV risks.
- Learn about HIV risks associated with unprotected sex, drugs, and alcohol.
- Wear a condom when having sex and use clean syringes when injecting!
- Talk to your partner about HIV.

### Educate Others & Fight Stigma
- Contact your local HIV/AIDS service organization or state/local/tribal health department for HIV/AIDS prevention information.
- Organize a meeting with friends, neighbors, or other concerned community members to discuss drug and health issues in your community – together, people can make things happen!
- Post fact sheets about HIV/AIDS on bulletin boards, in local newspapers and web sites.
- Pass out HIV/AIDS information at health fairs, pow wows, meetings and events. Put up HIV/AIDS education and motivational posters.
- Don’t allow your friends to spread misinformation about HIV/AIDS or use derogatory language; fight it with the truth and compassion.

### Mobilize your Community
- Hold an educational session in a local community center or school. Talk openly and honestly about HIV/AIDS prevention and treatment, while being sensitive to the people who are present.
- Talk to your community or spiritual leaders to gain their support for HIV/AIDS prevention and ask them to consider talking about HIV throughout the community.
- Hold a town hall meeting to discuss your community’s risk for HIV.
- Host a luncheon with community members, or sub-groups, to discuss HIV, STDs and other issues affecting the health and well-being of your community. It’s a great way to get ideas, guidance, and support.
- Partner with your local AIDS service organization to hold an awareness day event that is Native specific. Examples of some past events include: health fairs, pow wows, sunrise ceremonies, memorials, honorings, art contests, sports tournaments, and motorcycle rides.
- Write an editorial or article for the local newspaper on the state of HIV and HIV stigma in your community.
Support Prevention Efforts

- Volunteer at a local HIV/AIDS organization.
- Host a fundraising effort for a local AIDS service organization or program.
- Donate food, equipment, and materials to a local HIV program or agency.
- Encourage local health department, clinics, and service organizations to offer HIV testing.
- Tour a prevention facility as part of an organized group or activity.
- Wear a red ribbon for the day and tell everybody that it represent HIV awareness.

Be a Friend

- Help someone living with HIV/AIDS by being a friend.
- Volunteer to prepare meals, clean house, or do some repairs for a friend living with HIV/AIDS who may not be able to perform these tasks.
- Encourage a friend to get tested for HIV.
- Share your experiences getting in HIV test with a friend

Be a Friend

- Call for a Tribal, Village or Island Resolution or Proclamation to commemorate National Native HIV/AIDS Awareness Day. Acknowledge Resolution #SAC-06-002 that passed through the National Congress of American Indians 2006 Annual Session.

In Your Tribe

- Contact any of the following agencies for help with brainstorming and organizing events for your community, or to order materials to support your events.

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<thead>
<tr>
<th>Agency</th>
<th>Address</th>
<th>Contact Information</th>
<th>Website</th>
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<tbody>
<tr>
<td>Asian &amp; Pacific Islander Wellness Center</td>
<td>730 Polk Street, 4th Floor San Francisco, CA 94109</td>
<td>(415) 292-3420</td>
<td><a href="http://www.apiwellness.org">http://www.apiwellness.org</a></td>
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<tr>
<td>Commitment to Action for 7th-Generation Awareness &amp; Education (CA7AE): HIV/AIDS Prevention Program</td>
<td>357 Aylesworth Hall, SE Fort Collins, CO 80523-1790</td>
<td>(800) 642-0273</td>
<td><a href="http://www.happ.colostate.edu">http://www.happ.colostate.edu</a></td>
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<tr>
<td>Great Plains Tribal Chairmen’s Health Board (GPTCHB)</td>
<td>1770 Rand Road, Bldg #2 Rapid City, SD 57702</td>
<td>(605) 721-1922</td>
<td><a href="http://aatchb.org">http://aatchb.org</a></td>
</tr>
<tr>
<td>Inter Tribal Council of Arizona, Inc. (ITCA)</td>
<td>2214 North Central Avenue, Suite 100 Phoenix, AZ 85004</td>
<td>(602) 258-ITCA (4822)</td>
<td><a href="http://www.itcaonline.com">http://www.itcaonline.com</a></td>
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<tr>
<td>National Native American AIDS Prevention Center (NNAAPC)</td>
<td>720 S. Colorado Blvd., Suite 650-S Denver, CO 80246</td>
<td>(720) 382-2244</td>
<td><a href="http://www.nnaapc.org">http://www.nnaapc.org</a></td>
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